

**SACRED HEART CATHOLIC CHURCH**  
**Kabega Park, Port Elizabeth**

*Welcoming, inclusive, united family!*

**PARISH DIAMOND JUBILEE YEAR**  
*(June 2021 – June 2022)*



**Parish Priest:** Fr Lubabalo Mguda Tel: 041-360 1240  
**Assistant Priest:** Fr Runaine Radine  
**Parish Office:** 041-360 8240  
**Email:** [secretary@sacredheartkabega.co.za](mailto:secretary@sacredheartkabega.co.za)  
**Office Hours:** 08h00 – 13h00 (weekdays)  
**Website:** [www.sacredheartkabega.co.za](http://www.sacredheartkabega.co.za)  
**Social Media:** Sacred Heart Catholic Church, Port Elizabeth

**EIGHTH SUNDAY IN ORDINARY TIME (YEAR C) – 26/27 FEBRUARY 2022**

*As the Lenten Season approaches, we share another extract from Bishop Vincent Zungu’s recent pastoral letter:*

**For a Synodal Church: Communion, Participation and Mission**

Points of convergence between Synodality, for the universal church, and our Pastoral Plan in Southern Africa:

Both Synodality and the Pastoral Plan remind us that we are called to become increasingly a **listening Church** in the same way as the people of Israel in *Shema Yisrael*, “Hear, O Israel! The Lord is our God, the Lord is one. Therefore, you shall love the Lord your God with all your heart, with all your soul and with all your strength. Take to heart these words that I enjoin on you today...” (Dt 6: 4-9) Synodality requires quality “time to look others in the eye and listen to what they have to say, to build rapport, to be sensitive to the questions of our sisters and brothers, to let ourselves be enriched by the variety of charisms, vocations and ministries. Every encounter – as we know – calls for openness, courage and willingness to let ourselves be challenged by the presence and the stories of others” (Homily of Pope Francis on the Opening of the Synod, 10th Oct, ‘21).

On the other hand, our Pastoral Plan invites us to listen and respond to the cry of the poor and the cry of the earth. Let us ask ourselves frankly during this synodal process [and this Lenten Season]: Are we good at listening? How good is the “hearing” of our heart? Do we allow people to express themselves, to walk in faith even though they have had difficulties in life, and to be part of the life of the community without excluding, rejecting or judging anybody?

**Schedule for Masses and Devotions this Week:**

Time	Day	Date	Liturgical Day	Readings
17h00	Saturday	26 Feb	Holy Mass – Eighth Sunday in Ordinary Time	Sirach 27:4-7; Psalm 92 1 Corinthians 15:54-58 Luke 6:39-45
08h00	Sunday	27 Feb	Holy Mass – Eighth Sunday in Ordinary Time	
10h30	Sunday	27 Feb	Holy Mass – Eighth Sunday in Ordinary Time	
	Monday	28 Feb		1 Peter 1:3-9; Mark 10:17-27
17h30	Tuesday	1 Mar	<i>Exposition of the Blessed Sacrament (with the Opportunity for Quiet Adoration) Rosary Prayers before the Blessed Sacrament</i>	1 Peter 1:10-16 ; Mark 10:28-31
18h00			Holy Mass – Liturgy of the Day	
18h30				
06h00 08h30 18h30	Wednesday	2 Mar	<b>Holy Mass – Ash Wednesday</b> <b>Holy Mass – Ash Wednesday</b> <b>Holy Mass – Ash Wednesday</b>	Joel 2:12-18; Psalm 51 2 Corinthians 5:20 - 6:2 Matthew 6:1-6, 16-18
08h30	Thursday	3 Mar	Holy Mass – Liturgy of the Day <i>Followed by the Holy Hour – Adoration &amp; Benediction</i>	Deuteronomy 30:15-20; Luke 9:22-25
08h30 18h30	Friday	4 Mar	Holy Mass – Liturgy of the Day <i>Stations of the Cross (EMOHC &amp; Proclaimers)</i>	Isaiah 58:1-9; Matthew 9:14-15
	Saturday	5 Mar		Isaiah 58:9-14; Luke 5:27-32

(Lectionary/Daily Missal – Eighth Week in Ordinary Time – Readings for Weekdays from “YEAR II”/Sundays from “YEAR C”)

*\* For the safety of all, please comply with the Covid-19 health and safety protocols, whenever visiting the church \**

**MASS INTENTIONS:** Holy Mass is both a celebratory banquet as well as a sacrifice. It is the highest form of prayer and praise with immeasurable spiritual benefits. There is no prayer that surpasses that of the Mass. Every Mass is offered for all people, especially those in need. The Church encourages “full, active and conscious participation” by all the Christian Faithful in the liturgy. As a way of participating more intimately in the Eucharistic Sacrifice, it has long been the pious tradition, that the faithful request a Mass to be offered for their particular intentions, be it on the occasion of your birthday, wedding anniversary, death/death anniversary of a loved one, in thanksgiving or for any special intention. **If you are marking any of these occasions in March, the envelopes for the offerings are now available in the foyer.** Those who are able to give an offering or stipend to apply the Mass for their intention contribute to the good of the Church and by that offering share in, and express, its concern to support its ministers and works. Mass Intentions for the Coming Week:

Day	Date	INTENTION
Saturday	26 Feb	In Thanksgiving – Desmond & Judy Adams – 57 <sup>th</sup> Wedding Anniversary Repose of the Soul of Sean Gin
Sunday	27 Feb	Special Intention – Nolan Debipersadh
Tuesday	01 Mar	Repose of the Souls on the Pious List

## PRAYER AND DEVOTIONAL LIFE OF THE COMMUNITY

*We encourage all parishioners to make the Sunday and weekday Masses and the Devotions part of their regular spiritual practices. With the Covid-19 Restrictions now eased, you are able to fulfil your Sunday Obligation by attending a Sunday or, in extreme cases, a weekday Mass. There are now very few valid excuses for missing Sunday Mass. Remember to keep the Lord's Day holy, by prayer, charity and rest from servile labour.*

**SACRAMENT OF PENANCE AND RECONCILIATION (CONFESSION):** Saturdays, 16h15-16h45/by appointment.

**TUESDAY EVENING ROSARY AND MASS:** is dedicated to prayer for families of the parish. Families are encouraged to choose at least one Tuesday in the month to come and pray as a family with the larger community to which we all belong. A simple Exposition of the Blessed Sacrament will take place between 17h30 and 18h30. As usual, at 18h00, we will meditate on the Mysteries of the Rosary. You are welcome to come for the full hour or for the Rosary at 18h00. Do come in quietly and with reverence. Mass begins at 18h30.

**THURSDAY ADORATION OF THE BLESSED SACRAMENT:** to grow in our devotion to Jesus Christ, really and truly present in the Blessed Sacrament of the Altar, please join the Holy Hour in the church on Thursdays. At the beginning of this year, we moved the Holy Hour to Thursdays after the 08:30am Mass, for those who would like to join in the mornings.

**FAMILY PRAYER:** following the "Sunday of the Word of God" last month, we encourage all families to choose a specific evening, when the family can gather, say a Wednesday/Thursday evening, to prepare for the upcoming Sunday Mass by reflecting on the Scriptures. The Gospel Reading for next Sunday, the First Sunday of Lent, is Luke 4:1-13...

## STEWARDSHIP

**ALTAR SERVERS:** parents of new or returning Altar Servers are invited to send their details to Clayton Noah on 082 401 8030.

**REGISTRATION FOR MARRIAGE PREPARATION/INFANT BAPTISM:** contact the Parish Office for details.

**SATURDAY SOUP KITCHEN:** Group 3 will be distributing soup on Saturday, 26 February 2022, at 08:00am, in aid of the poor.

**WEEKLY COLLECTIONS AND MONTHLY PLEDGE:** heartfelt thanks to all parishioners who continue their financial support of the parish through their monthly pledge, either via EFT or the envelope system. All parishioners, who are employed or have a regular income, are invited to pledge every month, and, if they are not already doing so, to register and request a pledge number through the Parish Office. Make use of the "smart option" – *Electronic Transfer/EFT of weekly collections directly into the Parish Bank Account – use your name and "virtual collection"/pledge number as a reference. The Banking Details, for this purpose, are as follows - Standard Bank: Sacred Heart Catholic Church; Account Number: 080389007; Branch: Port Elizabeth; Branch Code: 050-017. The Lord loves a cheerful giver...*

**SPECIAL COLLECTIONS DURING LENT:** the Bishops' Lenten Appeal envelopes are available in the foyer; collections commence next Sunday.

**FUNDRAISING COMMITTEE UPCOMING EVENTS – IN AID OF THE PARISH DIAMOND JUBILEE:**

- **PANCAKE SALE:** 1 March - Shrove Tuesday - Sugar & Cinnamon Pancakes for R6 each and Caramel Pancakes for R8 each. Pre-orders can be placed with Liz Williams on 084 247 3505. Collection will be between 4pm and 7pm from the Hall.
- **RAFFLE:** R50 per ticket, on sale after Masses. 1st prize - 2500L Water Tank and Booster Pump; 2nd prize - Salton 1000w Pressure Cooker; 3rd Prize - Sunbeam Electric Frying pan with glass lid. Draw will take place on 24 June 2022 at the Jubilee Gala Dinner.

**EASTER EGG COLLECTION:** Sacred Heart Outreach Ministry is collecting marshmallow eggs for the orphans & elderly. This can be left in the box in the foyer or handed in at the office during Lent.

**THE KNIGHTS OF DA GAMA (KDG):** will be selling a generous Fish and Chips portion every Friday during Lent at a cost of R60 from the kitchen of the Mater Dei Parish Hall (orders are essential). This is an affordable alternative and KDG is happy to accommodate and assist you in fulfilling your obligations of abstinence from meat on Fridays. To order, please contact Warren Myburgh, on 082 85 2231.

## LENTEN CALENDAR

**THE SEASON OF LENT** begins this Wednesday, 2 March 2022. Refer to the schedule of Masses for Ash Wednesday above. It is a day of fasting and abstinence and Pope Francis has invited us to offer it for world peace. The palms blessed on Palm Sunday last year are used to prepare the ashes for Ash Wednesday. These palms will be burned after the 8am Mass this Sunday, 27 February 2022. It is a signal to us that *the time for penance has come*, through prayer fasting and almsgiving. Lenten resources, to aid our spiritual growth during this Season, will be made available. "Lenten Matters of the Heart", the daily reflections for Lent, will be prepared by Fr Lubabalo and Fr Runaine, and available from the First Sunday of Lent onwards. Lent is the perfect opportunity to return in earnest to the Holy Mass, Confession, and the devotions on weekdays. Wednesday morning Masses during Lent will be at 6:00am. Stations of the Cross will be on Fridays at 18:30pm (outdoors, weather permitting, so bring the whole family) – led this week by the Extraordinary Ministers of Holy Communion and the Proclaimers.

- **SPECIAL LENTEN JUBILEE SEMINAR:**
  - "Do not be afraid" Seminars, led by Mike Weldon, who has many years of experience in "the renewal in the Spirit ministries" in the Church. These life-changing seminars will be held on Tuesdays of Lent at 7pm in the Small Hall, starting on 8 March...
- **THE MONTH OF MARCH IS DEDICATED TO SAINT JOSEPH** – may his silent, yet prompt obedience to God's will, inspire us this Lent.
- **UPCOMING DEANERY EVENTS:**
  - **DAY FOR RECENTLY MARRIED COUPLES:**  
Saturday, 12 March 2022 from 11h00 - 13h00 at Sacred Heart Parish, Kabega Park Community Centre. Aimed at newly married couples, especially those married for 5 years and less. This will be a day of enrichment. Interested couples should register with the PDO by Friday, 4 March 2022. Book online by using this link <https://forms.gle/HkHnjzH6vhaQvu1N7> or email your name & contact info to [info@pastoraldevelopment.org](mailto:info@pastoraldevelopment.org)

## CONDOLENCES

The Community of Sacred Heart Parish extends heartfelt condolences and assurance of prayers to the Gin Family at the passing of Sean Gin, a long-serving member of the Ministers of Hospitality. Eternal rest grant unto him, O Lord!

## PRAYER CORNER

**For the sick and the housebound:** Leigh Ah Shene, Sally Botha, Natalie Bray, Gerald Burger, Deanna Dickson, Pat Douglas, Patrick Dwyer, Sylvia Dyson, Roland Edgar, Butch Engelbrecht, Shirleen Grobbelaar, Graham & Thora Hempel, Lydia Hendricks, James Henderson, Eden Kempthorne, Jocelyn Keun, Ann Lentz, Isobel Lloyd, Stuart Mandy, Cynthia Rumble, Leo Smithies, Timothy Teulon, Joe & Thelma Trow and David Wong.